

# SAFE ENVIRONMENT PROGRAMS FOR CHILDREN RESOURCES

## **1. Red Flag Green Flag Resources:**

Offers a variety of materials from videos and workbooks to parent and facilitator's guides. Also has a one-day training session for training the trainer.

Ages: All

Prices: vary depending upon programs and materials.

Website: <https://www.redflaggreenflag.com>

## **2. Yello Dyno:**

This is a musically based personal safety education system. Includes an entire curriculum including videos and scripts. Also available in Spanish.

Ages: 4-14

Prices: The programs are sold for different grade levels and range from \$195 to \$395 with additional resources as add-ons

Website: <http://www.yellodyno.com>

## **3. Safe Child Program:**

This program is conducted in three phases on a yearly basis.

Phase 1: Professional Training

Phase 2: Parent Seminar

Phase 3: Children's Program

Program includes Implementation Guide, Resource Manual, video for teacher and parent seminars.

Ages: Main package aimed at Grades K-3 with additional programs for Grades 1-6 and 7-12

Prices: Vary per program from \$395 to \$1095 with additional resources available.

Website: <http://www.safechild.org>

## **4. Second Step:**

Program includes staff training videos, family programs and assorted materials to include Bullying Prevention. A free CD-ROM preview can be ordered.

Ages: 3-16

Prices Vary per program from \$264 to \$877 also separately for each grade

Website: <http://www.cfcchildren.org> then click on Second Step

## **5. Child Lures**

Program includes videos and guides for both students, teachers and parents. There is a classroom multimedia component and free downloadable resources are available. There are seminars available for in-service training. The website includes resources for schools, churches and parents. The curriculum is enhanced and separate for Grades K-2, 3-6, and 7-12.

### **5.5 Child Lures Prevention School Program**

- ❖ A comprehensive, research-based program for Elementary and Middle/High School students.
- ❖ Teaches age appropriate skills to avoid Sexual Exploitation, Abduction, Internet Crime, Drugs, and School Violence.
- ❖ Includes: Presenter's Training Video, Student Video, and Presenter's Instruction Guide, comprised of easy-to-follow lesson plans, role-playing scenarios, evaluation components and take home materials. (Separate lesson plans for Elementary and Middle/High School students)
- ❖ Raises self-esteem and improves self-reliance.
- ❖ A positive, non-explicit and non-threatening program.

Ages: Grades K-12

Price: Full program \$489 (may receive a discount of \$100)

Workbooks: \$1.00

1-800-552-2197

Child Lures Prevention

5166 Shelburne Road

Shelburne, VT 05482

Website: [www.childlures.com](http://www.childlures.com)

## **6. Preventing Child Sexual Abuse Prevention: A Parent-School Partnership Curriculum for Grades K-8 and Grades 9-12**

Stellar Resources, Inc.

Website: [www.stellar-resources-inc.com](http://www.stellar-resources-inc.com)

Curriculums divided into age appropriate graded courses of study: KDG-Gr. 1, Gr. 2-3, Gr. 4-6, Gr. 7-8, Gr. 9-12. Includes Teacher and Parent guides, and Train the Trainer workshops. Through the development of sexual abuse prevention skills, students will learn to identify victimization techniques and refuse and resist them. The curriculum is specifically designed to prevent child and teen sexual abuse through education as an empowerment tool. Students will learn in a non-threatening manner how to protect themselves through classroom and homework activities which reinforce the proper responses to the lures and seductive techniques used by child abusers to gain their interest and trust.

Parent Guide: \$9.95 (discount available for quantities)

Must call or write for details. Mary Lentz @ Stellar Resources, Inc.

Phone: 440-247-4930

Address: P.O. Box 493, Chagrin Falls, OH 44022

## **7. Good Touch/Bad Touch:**

Has on-site training available. Also parent training.

Ages: Pre-K to Grade 6

Price: Must call for details

Website: [www.goodtouchbadtouch.com](http://www.goodtouchbadtouch.com)

## **8. Talking about Touching**

Committee for Children

Teaches young students basic skills to help them keep themselves safe from dangerous or abusive situations.

Ages: PK – Gr. 3

PK-KDG Kit: \$269

Gr. 1-3 Kit: \$239

VHS Video: “What Do I Say Now?” (30 mins) \$79

DVD English and Spanish: “What Do I Say Now?” \$99

VHS Video: “Yes, You Can Say No” (19 mins) \$65

Toll Free: 1-800-634-4449

Website: [www.cfchildren.org](http://www.cfchildren.org)

## **8.5 A Guide to Using Talking about touching with Call to Faith**

Harcourt Religion Publishers have collaborated with the Committee for Children’s program, “Talking about Touching” and integrated their lessons within their Religion texts for parishes and schools, called “Call to Faith – Talking About Touching Correlation Guide.” The correlation guide, “is a wonderful breakthrough for Catholic educators who are teaching the Talking About Touching program within a religious-education context.”

Contact the diocesan Office of Religious Education or the Schools Office to preview the program or Cassie Nielsen at 407-345-3628. [cassie.nielsen@harcourt.com](mailto:cassie.nielsen@harcourt.com)

## **9. Safe @ Last – Empowering Schools Protecting Children**

Website: [www.RASAC.org](http://www.RASAC.org) (Rape and Sexual Abuse Center)

link to Safe @ Last

Phone (615) 259-9055 ext 232

A Personal Safety Program Curriculum which covers ages KDG – Gr. 6

Sessions are arranged in incremental stages, providing a different program at each grade level designed to meet each child at his/her developmental level.

The program is interactive, entertaining, multi-media and hand-on through the use of puppets, songs, workbooks, videos, skits and games.

Chosen by the Catholic Schools in Middle Tennessee to educate over 20,000 students

School Kit \$499

## **10. The Safe Side**

This 35 minute video is designed for elementary school-aged children (PK-4). It was developed by Julie Clark (The Baby Einstein Company) and John Walsh (host of "America's Most Wanted") and designed to teach, empower and entertain children about safety issues. Go to [www.thesafeside.com](http://www.thesafeside.com) for more information. For a preview copy contact the diocesan Office of Religious Education, 219-769-9292, ext. 230. It is also available at most Christian bookstores and Barnes and Noble for \$19.98 (DVD) or \$14.98 (VHS).

## **11. 2009 NetSmartz Internet Safety Presentations**

[www.netsmartz.org](http://www.netsmartz.org)

Netsmartz does not copyright the material other than saying that nothing can be altered. The Diocese of Manchester, New Hampshire uses this as an option for child safety training and so far everyone seems pleased!

NetSmartz offers free, multimedia Internet safety presentations tailored for specific audiences - parents and communities, tweens, teens, and younger children. Our innovative presentations utilize the latest statistics, online resources, videos, and expert tips to educate, engage, and empower children and adults to be safer on- and offline. NetSmartz offers free, multimedia

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Offered for Primary Grades through High School; also includes parent programs  
Includes Activity Cards.

## **12. Breaking the Silence: Preventing the Sexual Abuse of Minors**

\$29.95 produced by the Diocese of Orange California, can be purchased on their website [www.rcbo.org](http://www.rcbo.org). (Multiple copies can be purchased at a discount!)

**Breaking the Silence** is a new program, created by a veteran documentary filmmaker, especially for students attending Diocese of Orange high schools and those youths who participate in the Diocese's youth ministry programs.

It is a powerful and excellent tool that utilizes an interactive DVD format to encourage teens to talk about sexual abuse and also to describe the danger signs of a potential abuser and offers young people an understanding of the realities of sexual abuse in our society. Teens typically are not comfortable talking about sexual abuse and it is their silence that makes it easier for offenders to continue stalking their targets and for victims to suffer alone. Programmed breaks between the individual segments permit students to discuss a question immediately after seeing it on the screen.

This program is recommended by the Diocese of Jackson, Mississippi with their youth in grades 9-12 in their churches and schools.

### **13. What Tadoo**

\$24.95 from [www.EmpowerKids.com](http://www.EmpowerKids.com) (J. Gary Mitchell Film Company)

With the help of two puppet frogs, What and Tadoo, Thaddeus learns how to protect himself from strangers with four basic rules: Say No, Get Away, Tell Someone, and if needed, Yell. Highly recommended by prevention professionals, this program looks at the lures strangers use to entice children, and the "uh-oh feeling" they experience with certain touches. Straightforward yet entertaining with a catchy song and charismatic puppets. Program Guide included.

"...a superb film for young children about sexual abuse that presents this potentially frightening subject in a sensitive and enlightening manner." - SCIENCE BOOKS & FILMS

Recommended for Grades KDG-Gr. 3 by the Diocese of Honolulu, Hawaii.

### **14. Believe Me**

\$24.95 from [www.EmpowerKids.com](http://www.EmpowerKids.com) (J. Gary Mitchell Film Company)

Children who are sexually abused are confused, scared, and hurt. To make matters worse, once they find the courage to reveal the abuse, they're often unable to get adults to believe them - especially if their abuser is a relative or close friend of the family.

This program helps youngsters understand that it's wrong to be touched in ways that make them uncomfortable. They learn how important it is to tell others about their confusion, fear, and hurt. Todd, a 3rd grader, learns from his puppet friends that he does not have to play "special games" and keep them secret. He also learns that sometimes you have to tell, and tell, and keep telling until someone believes you.

Recommended for Gr. 3 & 4 by the Diocese of Honolulu, Hawaii.

### **15. Break the Silence: Kids Against Child Abuse**

\$99.98 VHS and DVD format, 30 minutes, also in Spanish

It is approved for K-8 but is recommended by the Diocese of Las Cruces, NM for Grs. 2-6. The website for the video <http://teacherstore.discovery.com/> Link to Health & Guidance - Violence Prevention. It is an AIMS Multimedia production.

Jane Seymour hosts this program that breaks open the terrible reality of child abuse. Physical abuse, sexual abuse, and neglect are explained in a way young children can understand. Four kids talk candidly about their abuse and their abusers as they describe how adults use fear, manipulation, and neglect to hurt children. As each story is told, animated versions of the child and the abuser help illustrate how the abuse happened and how it made the child feel. Each story ends happily. With the help of social workers, therapists, and foster families, these kids are receiving help and leading normal lives. The main point throughout the program is that children should tell an adult if they feel they are being abused, or if they know someone who is. Additionally, it is vital for adults to listen to children. Only when the silence is broken can the cycle of abuse end.

Program includes a Teacher's Guide.

## Community and School Programs

### ❖ *Escape School – Dignity Memorial*

[www.escapeschool.com](http://www.escapeschool.com)

[www.DignityMemorial.com](http://www.DignityMemorial.com)

A free, one-hour interactive program intended for parents as well as children with an engaging video presentation for K-3, and Gr. 4-8 age groups.

Providers:

Kuiper Funeral Home, Highland  
219-923-7800

Virgil Huber Funeral Home, Hammond  
219-844-1020

Hennessy – Nowak Funeral Home, Calumet City, IL  
708-862-5454

### ❖ *Parents Beware – Child Sexual Abuse and Prevention*

Public Agency Training Council

Chris Pate

Dunebrook Women's Shelter

Michigan City, IN

Dunebrook is a multi-purpose advocacy center. It offers a full range of educational and prevention services. It is an active outreach, going into our homes, schools and communities. It has a staff of highly-trained professionals and involved board of directors and volunteers. Dunebrook has helped hundreds of children, parents and families turn the cycle of violence into a cycle of growth and understanding.

**Dunebrook - Prevent Child Abuse** - Diana Dibkey, Executive Director (800) 897-0007  
7451 W. Johnson Road, Michigan City, IN 46360

Web: [www.dunebrook.org](http://www.dunebrook.org)

Dedicated to breaking the cycle of child abuse through the development of a multidisciplinary team approach to intervention and through a range of preventative programs.

### ❖ *Kids on the Block* – Youth Service Bureau, Michigan City

Bonnie Schaff

2<sup>nd</sup> Grade only – Puppet show

**Youth Service Bureau of LaPorte County**

906 Michigan Avenue

LaPorte, IN 46350

voice: (219) 362-9587

fax: (219) 324-5024

e-mail: [ysb\\_1@csinet.net](mailto:ysb_1@csinet.net)

❖ ***New Hope Women's Outreach***

Sharon Merhalski  
P.O. Box 732  
Griffith, IN 46319

**Phone #:** 219-838-1093

New Hope presents a discreet child safety video workshop to educate ages preschool through adult. Also, they present adult/parent/community video workshops both for child safety and the awareness and prevention of child abuse.

New HOPE Women's Outreach offers counseling support and tools for the emotional recovery of survivors of abuse, sexual violence and all painful issues of the heart. We have three support groups and offer individual counseling. Our help is offered without fees.

We have also implemented programs and are holding community work shops to raise awareness and educate for the recognition and **prevention of child abuse** as we share the lasting effects of abuse on the survivors life.

The directors of this outreach have trained through the American Association of Christian Counselors. Appointments must be scheduled in advance.

❖ ***The Caring Place*** – Valparaiso

Our Mission is to provide supportive services and safe shelter to victims of domestic violence and sexual assault and their dependent children in Lake, Porter and Starke counties, Indiana.

We further associate ourselves to work toward the elimination of domestic violence and other types of abuse by promoting an understanding of the causes and effects of domestic violence and by assuming a leadership role for social change in our community.

**Web Site:** <http://thecaringplacenwi.org>

**Contact person:** Carol Albrecht, Office Coordinator, 219/464-0840 ext. 100,

**Office fax number:** 219/464-2672

Programs for community groups or trainings for professionals may be arranged through the Community Awareness Director (219/464-0840 ext. 108).

The Teen Outreach Program offers dating violence, sexual harassment and dating violence prevention programs (219/464-0840 ext. 105).

❖ ***St. Jude House*** – 12490 Marshall Street, Crown Point

St. Jude House offers a variety of topics for programs, presentations, training, and workshops for your organization, club, school, business or church. The following topics can be presented in a variety of settings and are designed for different ages and different levels within an organization. They include: Good Touch/Bad Touch (for young children); Child Abuse Prevention; Sexual Assault; Children - The Invisible Victims of Domestic Violence; Domestic Violence – Effect on the Community; Workplace Violence – Keeping Employees Safe; Dating Violence/Date Rape; Elder Abuse – A Hidden Problem; People with Disabilities & Domestic Violence; St. Jude House Services.

Contact person: Joy Heminger, 219-662-7066, ext. 17

There is no charge for presentations but donations are always welcome and appreciated.

St. Jude House is a not-for-profit organization that serves adult and child victims of domestic violence and sexual assault. All services are provided at no charge.

❖ ***U. S. Attorney's Office –Northern District of Indiana***  
***Joseph Van Bokkelen, U.S. Attorney***

*(The Hammond Division covers Lake and Porter counties; The South Bend Division covers 11 counties including LaPorte and Starke)*

*5400 Federal Plaza, Hammond, IN 46320 - 219-937-5500*

*3128 Federal Building, 1300 S. Harrison St., Fort Wayne, IN 46802 - 260-422-2595*

*204 s. main Street, Room MO-1, South Bend, IN 46601 - 574-236-8287*

Ryan Holmes of the U.S. attorney's office presented a school program on Internet safety and "cyber bullying" at a recent Elementary School PTO meeting; through the District Project Safe Neighborhoods Initiative: "Project Safe Childhood" and "Keeping Our Communities Safe".

This office offers conferences and technical assistance.

## **OTHER RESOURCES**

❖ **Stop It Now! The Campaign to Prevent Child Sexual Abuse**  
[www.stopitnow.org](http://www.stopitnow.org)

351 Pleasant Street, Suite B319, Northampton, MA 01060

Office: **(413) 587-3500** Fax: (413) 587-3505

Helpline: **1-888-PREVENT** (1-888-773-8368) Email: [info@stopitnow.org](mailto:info@stopitnow.org)

Stop It Now! is a national, public health based organization working to prevent and ultimately eradicate child sexual abuse. Through its public education, public policy, and research programs, Stop It Now! challenges abusers and people at risk for abusing to stop abusive behaviors and to reach out for help. They educate adults about the ways to prevent child sexual abuse and promote the policy changes at the local and national level to support primary and secondary prevention strategies.



**Stop It Now! Helpline** is a toll-free number for adults who are at risk for sexually abusing a child, for friends and family members of sexual abusers and/or victims, and for parents of children with sexual behavior problems. All calls are confidential and will be answered by a trained staff member. This helpline is available Monday through Friday, 9:00 AM-5:00 PM (EST) at **1-888-PREVENT** (1-888-773-8368). Includes Warning Signs, Commonly Asked Questions, Stories of Hope, Resource Guide, and an online Parent Talk newsletter.

❖ **ChildHelp USA-National Child Abuse Hotline**  
**www.childhelpusa.org**

ChildHelp USA National Headquarters, 15757 N. 78th Street, Scottsdale, AZ 85260  
Office: (480) 922-8212 Fax: (480) 922-7061 Hotline: **1-800-4-A-Child** (1-800-422-4453)

The ChildHelp, National Child Abuse Hotline serves the United States, Canada, U.S. Virgin Islands, Puerto Rico, and Guam. The hotline is staffed 24 hours, 7 days a week with professional counselors who utilize a database of 55,000 resources. It is a valuable resource for troubled parents, children in the midst of abuse, individuals requesting child abuse information and professionals-including school nurses, teachers, counselors, psychologists, psychiatrists, pediatric dentists, and fire investigators that need to make referrals to agencies. Utilizing translators, the counselors can provide assistance in 140 languages.

❖ **Prevent Child Abuse America (PCAA)**  
**www.preventchildabuse.org**

200 South Michigan Ave., 17th Floor, Chicago, IL 60604-2404  
Office: (312) 663-3520 Fax: (312) 939-8962 PCAA is a national volunteer-based organization committed to preventing child abuse in all its forms through research, public education, and advocacy. PCAA has a network of 90 chapters in 38 states, which work to increase public awareness, advocate on a state level and are accessible resources for comprehensive information and referrals in child abuse prevention. Write for a catalog of publications.

❖ **Center for the Prevention of Sexual and Domestic Violence**

A resource catalogue of abuse prevention resources, serving religious and community groups across the U.S. and Canada since 1977.

2400 North 45<sup>th</sup> Street, Suite 10  
Seattle, Washington 98103

Phone (206) 634-1903  
Website: [www.cpsdv.org](http://www.cpsdv.org)

## **BOOKS**

### **1. Creating Safe and Sacred Spaces**

Gerard J. McGlone and Mary Shrader  
St. Mary's Press  
Winona, MN  
[www.smp.org](http://www.smp.org)

### **2. Preventing Child Sexual Abuse Program**

Rev. Marie M. Fortune and Rev. Katherine Goering Reid  
A sexual abuse prevention program in a religious education context. Designed for use in a Christian, church school format, such as bible school, summer school, after school and other programs.

Ages: 5-8, 9-12, and Teenagers  
Price: \$12.00, \$13.00, and \$9.00

Faith Trust Institute  
[www.faithtrustinstitute.org](http://www.faithtrustinstitute.org)  
Toll Free: 1-877-860-2255

### **3. Abuse Is Not OK**

By Susan Gore Zahra  
Teaches kids how to recognize different types of abuse, tells what to do if abused, and suggests ways to prevent abuse.  
Available in Spanish translation.  
Ages: Primary  
Price: \$1.00  
[www.liguori.org](http://www.liguori.org)  
Toll Free: (800) 325-9521

### **4. Catie the Caterpillar: A Story to Help Break the Silence of Sexual Abuse**

By Tracy M. Schaumburg, LPC  
Liguori Publications  
[www.liguori.org](http://www.liguori.org)  
Toll Free: (800) 325-9521  
\$6.95 - 32 pages  
Integrates lines typically used by perpetrators and the guilt feelings and withdrawal of the victim into a story that demonstrates the need to express rather than suppress feelings.  
Includes discussion questions.

### **5. You Matter (Younger and Older Grade Levels)**

Archdiocese of Atlanta  
680 West Peachtree Street, NW  
Atlanta, GA 30308  
(404) 885-7459

6. **L.I.F.E. (Love, Infatuation, Friendship, Exploitation)**

Sr. Kieran Sawyer and Kathie Amidei

sawyer@tymeout.org