## MARCH **2023**



8500 Broadway, Suite B, Merrillville, IN 46410

Monday	Tuesday	Wednesday	Thursday	Friday
2/27	2/28 First Time Moms: Goals & Benefits of Breastfeeding 3 PM	1 Anger Management 10 AM	2	3
6	7 First Time Moms: Newborn Care Basics 3 PM	8 How Media Affects Your Kids 10 AM	9	10
13	14 First Time Moms: Bathing & Sleep 3 PM	15 Bath Time Routines 10 AM	16	17
20	21 First Time Moms: Feeding Your Baby 3 PM	Raising Readers 10 AM	23	24
27	28 First Time Moms: Eye Contact Means Love 3 PM	29 How to Encourage Your Kids 10 AM	30	31

## **Parenting Class Guidelines**

- ♥ Be on time (and not more than 15 minutes early)
- ♥ Clients more than 10 minutes late may receive reduced incentives
- ▼ Free childcare will be provided during each Wednesday class

Upon completion of each class, you will receive 10 free diapers and a coupon to shop in our Crib Club.

Class topics subject to change.